

Certificate in School Counselling and Student Wellbeing (CSCSW)

PROGRAMME STRUCTURE

Total Credits: 20

Course Name	Credits
Developmental Psychology	3
Foundations of Mental Health and Adjustment	2
Learning Difficulties	3
Basics of Counselling, Techniques & Practices	4
Project	8

SYLLABUS

DEVELOPMENTAL PSYCHOLOGY

1. Introduction to Developmental Psychology
2. Growth and Development
3. Lifespan Theories
4. Stages of Development Prenatal Development
5. Infancy Through Childhood
6. Stages of Development Adolescence
7. Stages of Development Adulthood
8. Individual Differences in Learning

FOUNDATION OF MENTAL HEALTH & ADJUSTMENT

1. Scientific Advances and World Progress
2. History of Mental Illness
3. Emotions and Motivations
4. Personality
5. Psychology in Our Social Lives

LEARNING DIFFICULTIES

1. Introduction to Special Education
2. Children with Mental Retardation
3. Gifted Children
4. Children with Learning Disabilities (LD)

5. Children with Behaviour Disorders
6. Children with Hearing Impairment
7. Children with Visual Impairment
8. Language Impairment
9. Children with Physical and Health Impairment
10. Handling Common Behavioural Problems in Children

BASICS OF COUNSELLING, TECHNIQUES & PRACTICES

1. Nature and Scope of Guidance and Counselling
2. Counselling
3. Vocational Guidance
4. Techniques of Guidance
5. Skills of a Counsellor
6. Communication in Counselling
7. Parental Counselling
8. Educational Guidance and Counselling
9. Counselling and the Teacher
10. Guidance and Counselling for Special Problems
11. Group Counselling and Guidance
12. Psychometric Assessment in Guidance

PROJECT

Students are required to submit the project.